



## KIDS IN NUTRITION

# Impact Report

### A MESSAGE FROM OUR BOARD

The **2023-2024** academic year was a transformative time for Kids In Nutrition (KIN). We enhanced volunteer training, enriched our educational content, strengthened director team building, and expanded our outreach initiatives. A HUGE thank you to our donors and volunteers for being the driving force behind our success and believing in the power of nutrition education!

### THIS PAST YEAR'S DEVELOPMENT & SUCCESSES

KIN delivered a record number of nutrition education programs to local youth across its seven chapters at UC Santa Barbara, UC Davis, UC Berkeley, UC Los Angeles, Tufts University, Northeastern University, and Indiana University. We are dedicated to expanding our impact to more communities across the United States.

KIN has forged a new partnership with Healthy Kids, Happy Planet (HKHP) and will continue to scale partnerships to optimize educational impact in our communities.

### IMPACT SNAPSHOT

1359

Students Taught

405

KIN Volunteers

64

Classrooms



Barbara Cole Gates  
HKHP CEO

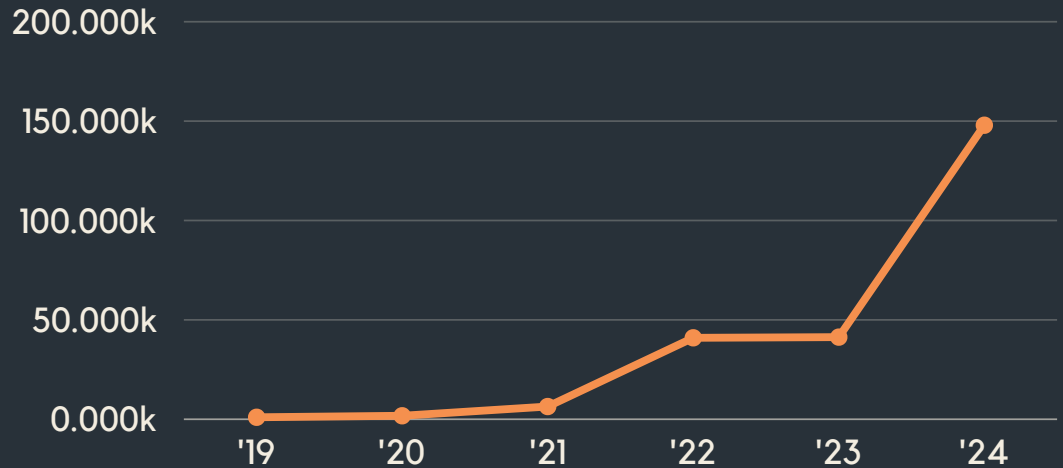
Michelle Nicolet  
KIN CEO



## FUNDS RAISED ACADEMIC YEAR 2023 - 2024

# \$147,929

KIN has reached a new milestone, generating record-breaking funds from generous donors! Since our founding in 2014, we are thrilled to continue spreading the KIN movement across the United States.



PROJECTS	DETAILS	OUTCOMES
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Education	Teams of 5 volunteers visit local elementary classrooms to teach <u>nutrition</u> topics once a week for seven weeks.	KIN delivered education to 1,359 elementary students across 64 classrooms. Check out UCSB's <u>annual research</u> report!
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Food Access	KIN students receive <u>food access resources</u> and ingredients to prepare a healthy home-cooked meal with their families.	KIN distributed 46 recipe kits and curated place-based food access resources for each community in which we serve.
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Family Engagement	The <u>KINcentive Program</u> seeks to engage families outside the KIN classroom through resources and activities.	1359 families received challenges, worksheets, and newsletters for enhanced <u>parent engagement</u> .  22 family participants were involved in lessons taught at healthcare clinics.
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## KIDS IN NUTRITION

# NEW YEAR, NEW GOALS

KIN has hit the ground running with its **2024-2025** academic year projects and goals! We have recruited various volunteers to assist in development and implementation.

Check out what we have brewing!



### PROJECTS

### DETAILS

#### Education

- Develop a [food sustainability curriculum](#) to pilot in Spring 2025.
- Assemble a nutrition workbook that aligns with each KIN nutrition lesson.
- Establish two additional chapters by Summer, 2025.

#### Food Access

- Scale partnerships with community organizations and local businesses to enhance food and recipe kit distribution.

#### Family Engagement

- Develop a replicable and scalable family workshop framework to engage parents and families in their child's education and promote at-home practice.



We couldn't have  
done it without your  
generous *support.*

Thank you

to all our donors  
and volunteers.

### Board of Directors

Michelle Nicolet, CEO  
Angela Shields, Chairwoman  
Sean Clancy, Secretary



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