



KIDS IN NUTRITION

Impact Report

A MESSAGE FROM OUR BOARD

Th **2021-2022** school year marked an especially monumental year for KIN. We established new partnerships and capacity-strengthening systems. We fundraised more than we ever have. And on top of all that, we broadened and deepened our program to reach more underserved youth and their families. We could not have done it without the support from all our volunteers, partners, and donors - thank you all!

A YEAR WITH UNIQUE CHALLENGES

We kicked off the school year with in-classroom KIN instruction - but of course with masks and COVID-19 preventive measures!

We piloted 1) our first family workshop to boost parent engagement and 2) recipe bag distribution as part of our food access pillar. After great success and glowing feedback, we will be replicating both frameworks across all chapters moving forward.

We have also been improving our leadership development initiatives to ensure program sustainability and continuity.

IMPACT SNAPSHOT

1000

Students Taught

170

KIN Volunteers

55

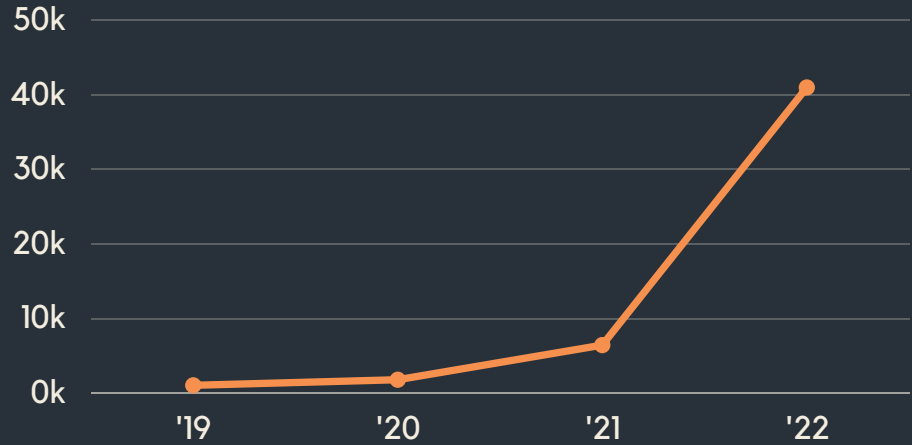
Classrooms



FUNDS RAISED SCHOOL YEAR 2021 - 2022

\$40,978

This past year has marked our most successful fundraising year yet, mainly in part to receiving 501(c)3 in 2021 and our ambitious business development strategy.



PROJECTS

DETAILS

OUTCOME

Education

Teams of 5 volunteers visit local elementary classrooms to teach nutrition topics once a week for seven weeks.

According to our annual research, KIN students showed greater nutrition comprehension and healthier food preference compared to non-KIN students.

Food Access

KIN students receive ingredients to prepare a healthy home-cooked meal with their families.

Since piloting this model in Fall 2021 in Santa Barbara, KIN has distributed around 300 recipe bags to underserved youth and their families.

Family Engagement

The KINcentive Program seeks to engage families outside the KIN classroom through resources and activities.

Indiana University piloted KIN's first successful family workshop with 13 participants.

595 families received resources, worksheets, and newsletters for enhanced parent engagement.

We couldn't have
done it without your
generous *support.*

Thank you

to all our donors
and volunteers.

Board of Directors

Michelle Nicolet, CEO
Angela Shields, Chairwoman
Sean Clancy, Secretary



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